

Sundays[®]

Flavour Catalogue



MAKE EVERY DAY *Sunday*

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FLAVOUR

GUIDE



Cherry Coconut



Cherry Vanilla



Chocolate



Coconut



Cookies & Cream



Golden Vanilla



Peanut



Rum & Raisin



Strawberry



Coconut Strawberry



Golden Vanilla
Chocolate



Golden Vanilla
Strawberry



Neapolitan



Coconut Chocolate
Ripple



Chocolate Caramel
Ripple



Vanilla Chocolate
Ripple



Strawberry
Cheesecake Ripple

SINGLES



Cherry Coconut
Ice Cream
1 Gallon (3.78L)

Nutrition Facts

24 servings per container
Serving size 2/3 Cup (85g)

Amount per serving
Calories 180

	% Daily Value*
Total Fat 9g	11%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 50mg	2%
Total Carbohydrate 21g	8%
Dietary Fibre 1g	0%
Total Sugars 18g	
Includes 15g Added Sugars	25%
Protein 3g	
Vitamin D 0.8mcg	4%
Calcium 110mg	8%
Iron 0mg	0%
Potassium 140mg	4%

INGREDIENTS:
Water, Sugar, Vegetable Fat, Skim Milk, Maraschino Cherries (Cherries, Water, Cane Sugar, Citric Acid, Sodium Benzoate, Propylene Glycol, Artificial Flavors, FD&C Red 40, Traces of Sulphur Dioxide), Glucose Syrup Solids, Stabilizer (Mono & Diglycerides, Guar Gum, Polysorbate 80, Carrageenan, Standardized with Sugar.), Coconut Flavour.

CONTAINS:
Milk

ALLERGEN INFORMATION:
Made in a facility that also produces products that may contain Wheat, Soy, Peanuts and Tree Nuts.

May contain pieces of Fruit Pits, Seeds and Stems.



Cherry Vanilla
Ice Cream
1 Gallon (3.78L)

Nutrition Facts

24 servings per container
Serving size 2/3 Cup (85g)

Amount per serving
Calories 180

	% Daily Value*
Total Fat 9g	11%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 50mg	2%
Total Carbohydrate 21g	8%
Dietary Fibre 0g	0%
Total Sugars 18g	
Includes 15g Added Sugars	25%
Protein 3g	
Vitamin D 0.8mcg	4%
Calcium 110mg	8%
Iron 0mg	0%
Potassium 140mg	2%

INGREDIENTS:
Water, Sugar, Vegetable Fat, Skim Milk, Maraschino Cherries (Cherries, Water, Cane Sugar, Citric Acid, Sodium Benzoate, Propylene Glycol, Artificial Flavors, FD&C Red 40, Traces of Sulphur Dioxide), Glucose Syrup Solids, Stabilizer (Mono & Diglycerides, Guar Gum, Polysorbate 80, Carrageenan, Standardized with Sugar.), Vanilla Flavour, Cherry Flavour, FD&C Yellow 5 (E102).

CONTAINS:
Milk

ALLERGEN INFORMATION:
Made in a facility that also produces products that may contain Wheat, Soy, Peanuts and Tree Nuts.

May contain pieces of Fruit Pits, Seeds and Stems.



1 GALLON (3.78L)



Chocolate
Ice Cream
1 Gallon (3.78L)

Nutrition Facts	
24 servings per container	
Serving size 2/3 Cup (85g)	
Amount per serving	
Calories	170
% Daily Value*	
Total Fat 9g	12%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 55mg	2%
Total Carbohydrate 20g	7%
Dietary Fibre 1g	3%
Total Sugars 18g	
Includes 14g Added Sugars	27%
Protein 4g	
Vitamin D 0.8mcg	4%
Calcium 110mg	8%
Iron 1.1mg	6%
Potassium 250mg	6%

INGREDIENTS:
Water, Sugar, Vegetable Fat, Skim Milk, Cocoa Powder (Alkalisied), Stabilizer (Mono & Diglycerides, Guar Gum, Polysorbate 80, Carrageenan, Standardized with Sugar.), Caramel Colour (E150), Vanilla Flavour.

CONTAINS:
Milk

ALLERGEN INFORMATION:
Made in a facility that also produces products that may contain Wheat, Soy, Peanuts and Tree Nuts.



Coconut
Ice Cream
1 Gallon (3.78L)

Nutrition Facts	
24 servings per container	
Serving size 2/3 Cup (85g)	
Amount per serving	
Calories	180
% Daily Value*	
Total Fat 10g	12%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 55mg	2%
Total Carbohydrate 20g	7%
Dietary Fibre 0g	0%
Total Sugars 17g	
Includes 11g Added Sugars	21%
Protein 3g	
Vitamin D 1mcg	6%
Calcium 110mg	8%
Iron 0mg	0%
Potassium 150mg	4%

INGREDIENTS:
Water, Sugar, Vegetable Fat, Skim Milk, Glucose Syrup Solids, Stabilizer (Mono & Diglycerides, Guar Gum, Polysorbate 80, Carrageenan, Standardized with Sugar.), Coconut Flavour

CONTAINS:
Milk

ALLERGEN INFORMATION:
Made in a facility that also produces products that may contain Wheat, Soy, Peanuts and Tree Nuts. May contain pieces of Fruit Pits, Seeds and Stems.



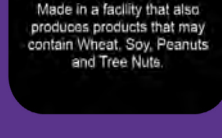
Cookies & Cream
Ice Cream
1 Gallon (3.78L)

Nutrition Facts	
24 servings per container	
Serving size 2/3 Cup (85g)	
Amount per serving	
Calories	190
% Daily Value*	
Total Fat 10g	13%
Saturated Fat 6g	29%
Trans Fat 0g	
Cholesterol 2mg	0%
Sodium 55mg	4%
Total Carbohydrate 23g	8%
Dietary Fibre 0g	0%
Total Sugars 18g	
Includes 12g Added Sugars	24%
Protein 3g	
Vitamin D 1mcg	4%
Calcium 105mg	8%
Iron 0.2mg	1%
Potassium 164mg	4%

INGREDIENTS:
Water, Sugar, Vegetable Fat, Skim Milk, Cookie Pieces (Sugar, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Palm and Palm Kernel Oil, Cocoa processed with Alkali, Corn Flour, Salt, Sodium Bicarbonate, Dextrose, Soy Lecithin, Natural Flavours.), Glucose Solids, Vanilla Flavour, Stabilizer (Mono & Diglycerides, Guar Gum, Polysorbate 80, Carrageenan, Standardized with Sugar.)

CONTAINS:
Milk, Wheat, Soy

ALLERGEN INFORMATION:
Made in a facility that also produces products that may contain Wheat, Soy, Peanuts and Tree Nuts.



Golden Vanilla
Ice Cream
1 Gallon (3.78L)

Nutrition Facts	
24 servings per container	
Serving size 2/3 Cup (85g)	
Amount per serving	
Calories	180
% Daily Value*	
Total Fat 10g	12%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 55mg	2%
Total Carbohydrate 20g	7%
Dietary Fibre 0g	0%
Total Sugars 17g	
Includes 11g Added Sugars	21%
Protein 3g	
Vitamin D 1mcg	6%
Calcium 110mg	8%
Iron 0mg	0%
Potassium 150mg	4%

INGREDIENTS:
Water, Sugar, Vegetable Fat, Skim Milk, Glucose Solids, Stabilizer (Mono & Diglycerides, Guar Gum, Polysorbate 80, Carrageenan, Standardized with Sugar.), Vanillin, FD&C Yellow 5 (E102), FD&C Red 40 (E129).

CONTAINS:
Milk

ALLERGEN INFORMATION:
Made in a facility that also produces products that may contain Wheat, Soy, Peanuts and Tree Nuts.





Peanut
Ice Cream
1 Gallon (3.78L)

Nutrition Facts	
24 servings per container	
Serving size 2/3 Cup (85g)	
Amount per serving	
Calories	187
% Daily Value*	
Total Fat 9g	12%
Saturated Fat 4.5g	22%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 71mg	3%
Total Carbohydrate 16g	7%
Dietary Fibre 1g	2%
Total Sugars 18g	
Includes 15g Added Sugars	27%
Protein 4g	
Vitamin D 0.8mcg	4%
Calcium 100mg	8%
Iron 0mg	0%
Potassium 160mg	4%

INGREDIENTS:
Water, Sugar, Skim Milk, Vegetable Fat, Peanut Butter (Peanuts, Hydrogenated Vegetable Oil (As Stabilizer), Salt, Sugar), Stabilizer (Mono & Diglycerides, Guar Gum, Polysorbate 80, Carrageenan, Standardized with Sugar), Caramel Colour (E150), Salt.

CONTAINS:
Milk, Peanut

ALLERGEN INFORMATION:
Made in a facility that also produces products that may contain Wheat, Soy, Peanuts and Tree Nuts.



Strawberry
Ice Cream
1 Gallon (3.78L)

Nutrition Facts	
24 servings per container	
Serving size 2/3 Cup (85g)	
Amount per serving	
Calories	170
% Daily Value*	
Total Fat 8g	11%
Saturated Fat 5g	24%
Trans Fat 0g	
Cholesterol 1mg	0%
Sodium 48mg	2%
Total Carbohydrate 20g	7%
Dietary Fibre 0g	0%
Total Sugars 17g	
Includes 11g Added Sugars	22%
Protein 3g	
Vitamin D 1mcg	4%
Calcium 100mg	8%
Iron 0.1mg	0.56%
Potassium 140mg	4%

INGREDIENTS:
Water, Strawberries (Strawberries, Sugar, Water, Corn Starch, Citric Acid, Natural Flavour and Potassium Sorbate (As Preservative)), Sugar, Vegetable Fat, Skim Milk, Glucose Solids, Stabilizer (Mono & Diglycerides, Guar Gum, Polysorbate 80, Carrageenan, Standardized with Sugar), Strawberry Flavour, Citric Acid (E330), FD&C Yellow 5 (E102), Amaranth Red (E123).

CONTAINS:
Milk

ALLERGEN INFORMATION:
Made in a facility that also produces products that may contain Wheat, Soy, Peanuts and Tree Nuts. May contain pieces of Fruit Pits, Seeds and Stems.



Rum & Raisin
Ice Cream
1 Gallon (3.78L)

Nutrition Facts	
24 servings per container	
Serving size 2/3 Cup (85g)	
Amount per serving	
Calories	180
% Daily Value*	
Total Fat 9g	11%
Saturated Fat 5g	26%
Trans Fat 0g	
Cholesterol 2mg	0%
Sodium 52mg	2%
Total Carbohydrate 23g	8%
Dietary Fibre 0g	0%
Total Sugars 19g	
Includes 10g Added Sugars	20%
Protein 3g	
Vitamin D 1mcg	4%
Calcium 108mg	8%
Iron 0.1mg	0.7%
Potassium 160mg	4%

INGREDIENTS:
Water, Sugar, Vegetable Fat, Skim Milk, Raisins Soaked in Rum, Glucose Solids, Stabilizer (Mono & Diglycerides, Guar Gum, Polysorbate 80, Carrageenan, Standardized with Sugar), Rum Raisin Flavour, Caramel Colour (E150), Vanilla Flavour, Almond Flavour.

CONTAINS:
Milk

ALLERGEN INFORMATION:
Made in a facility that also produces products that may contain Wheat, Soy, Peanuts and Tree Nuts. May contain pieces of Fruit Pits, Seeds and Stems.



DUOS



Coconut Strawberry
Ice Cream
1 Gallon (3.78L)

Nutrition Facts	
24 servings per container	
Serving size 2/3 Cup (85g)	
Amount per serving	
Calories	170
% Daily Value*	
Total Fat 9g	11%
Saturated Fat 5g	26%
Trans Fat 0g	
Cholesterol 2mg	0%
Sodium 50mg	2%
Total Carbohydrate 20g	7%
Dietary Fibre 0g	0%
Total Sugars 17g	
Includes 11g Added Sugars	22%
Protein 3g	
Vitamin D 1mcg	4%
Calcium 105mg	8%
Iron 0.09mg	0.3%
Potassium 149mg	4%

INGREDIENTS:
Water, Sugar, Vegetable Fat, Skim Milk, Strawberries (Strawberries, Sugar, Water, Corn Starch, Citric Acid, Natural Flavours and Potassium Sorbate (As Preservative)), Glucose Syrup Solids, Stabilizer (Mono & Diglycerides, Guar Gum, Polysorbate 80, Carrageenan, Standardized with Sugar.), Coconut Flavour, Strawberry Flavour, FD&C Yellow 5 (E102), Amaranth Red (E123), Citric Acid.

CONTAINS:
Milk

ALLERGEN INFORMATION:
Made in a facility that also produces products that may contain Wheat, Soy, Peanuts and Tree Nuts.

May contain pieces of Fruit Pits, Seeds and Stems.



Golden Vanilla Chocolate
Ice Cream
1 Gallon (3.78L)

Nutrition Facts	
24 servings per container	
Serving size 2/3 Cup (85g)	
Amount per serving	
Calories	170
% Daily Value*	
Total Fat 9g	12%
Saturated Fat 5g	27%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 50mg	2%
Total Carbohydrate 20g	7%
Dietary Fibre 1g	2%
Total Sugars 17g	
Includes 12g Added Sugars	24%
Protein 4g	
Vitamin D 0.8mcg	4%
Calcium 110mg	8%
Iron 0.5mg	2%
Potassium 200mg	4%

INGREDIENTS:
Water, Sugar, Vegetable Fat, Skim Milk, Glucose Solids, Cocoa Powder (Alkalisied), Stabilizer (Mono & Diglycerides, Guar Gum, Polysorbate 80, Carrageenan, Standardized with Sugar.), Caramel Colour (E150), Vanilla Flavour.

CONTAINS:
Milk

ALLERGEN INFORMATION:
Made in a facility that also produces products that may contain Wheat, Soy, Peanuts and Tree Nuts.



Golden Vanilla Strawberry
Ice Cream
1 Gallon (3.78L)

Nutrition Facts	
24 servings per container	
Serving size 2/3 Cup (85g)	
Amount per serving	
Calories	170
% Daily Value*	
Total Fat 9g	11%
Saturated Fat 5g	26%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 50mg	2%
Total Carbohydrate 20g	7%
Dietary Fibre 0g	0%
Total Sugars 17g	
Includes 11g Added Sugars	22%
Protein 3g	
Vitamin D 0.8mcg	4%
Calcium 110mg	8%
Iron 0.1mg	0.3%
Potassium 160mg	4%

INGREDIENTS:
Water, Sugar, Vegetable Fat, Skim Milk, Strawberries (Strawberries, Sugar, Water, Corn Starch, Citric Acid, Natural Flavours and Potassium Sorbate (As Preservative)), Glucose Solids, Stabilizer (Mono & Diglycerides, Guar Gum, Polysorbate 80, Carrageenan, Standardized with Sugar.), Strawberry Flavour, Citric Acid, Vanillin, Yellow 5 (E102), FD&C Red 40 (E129), Amaranth Red (E123).

CONTAINS:
Milk

ALLERGEN INFORMATION:
Made in a facility that also produces products that may contain Wheat, Soy, Peanuts and Tree Nuts.

May contain pieces of Fruit Pits, Seeds and Stems.



Neapolitan
Ice Cream
1 Gallon (3.78L)

Nutrition Facts	
24 servings per container	
Serving size 2/3 Cup (85g)	
Amount per serving	
Calories	170
% Daily Value*	
Total Fat 9g	11%
Saturated Fat 5g	26%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 50mg	2%
Total Carbohydrate 20g	7%
Dietary Fibre 0g	0%
Total Sugars 17g	
Includes 12g Added Sugars	24%
Protein 3g	
Vitamin D 0.8mcg	4%
Calcium 110mg	8%
Iron 0.4mg	2%
Potassium 160mg	4%

INGREDIENTS:
Water, Sugar, Vegetable Fat, Skim Milk, Strawberries (Strawberries, Sugar, Water, Corn Starch, Citric Acid, Natural Flavours and Potassium Sorbate (As preservative)), Glucose Syrup Solids, Cocoa Powder (Alkalisied), Stabilizer (Mono & Diglycerides, Guar Gum, Polysorbate 80, Carrageenan, Standardized with Sugar.), Strawberry Flavour, Caramel Colour (E150), Citric Acid, Vanillin, FD&C Yellow 5 (E102), FD&C Red 40 (E129), Amaranth Red (E123).

CONTAINS:
Milk

ALLERGEN INFORMATION:
Made in a facility that also produces products that may contain Wheat, Soy, Peanuts and Tree Nuts.

May contain pieces of Fruit Pits, Seeds and Stems.



RIPPLES



Chocolate Caramel Ripple

Ice Cream
1 Gallon(3.78L)

Nutrition Facts

24 servings per container	
Serving size 2/3 Cup (85g)	
Amount per serving	
Calories	180
% Daily Value*	
Total Fat 9g	12%
Saturated Fat 5g	27%
Trans Fat 0g	
Cholesterol 5mg	1%
Sodium 60mg	3%
Total Carbohydrate 23g	8%
Dietary Fibre 1g	3%
Total Sugars 21g	
Includes 16g Added Sugars	32%
Protein 4g	
Vitamin D 0.8mcg	4%
Calcium 110mg	8%
Iron 0.3mg	6%
Potassium 230mg	4%

INGREDIENTS:
Water, Sugar, Caramel Variagate (Sweetened Condensed Whole Milk (Milk, Sugar), Sugar, Corn Syrup, Water, Coconut Oil, Pectin, Salt, Potassium Sorbate, Sodium Bicarbonate, Vanilla Extract.), Vegetable Fat, Skim Milk, Cocoa Powder (Cocoa Powder (Alk.alised)), Stabilizer (Mono & Diglycerides, Guar Gum, Polysorbate 80, Carrageenan, Standardized with Sugar.), Caramel Colour (E150), Vanilla Flavour.

CONTAINS:
Milk.

ALLERGEN INFORMATION:
Made in a facility that also produces products that may contain Wheat, Soy, Peanuts and Tree Nuts.



Coconut Chocolate Ripple

Ice Cream
1 Gallon (3.78L)

Nutrition Facts

24 servings per container	
Serving size 2/3 Cup (85g)	
Amount per serving	
Calories	190
% Daily Value*	
Total Fat 9g	12%
Saturated Fat 6g	28%
Trans Fat 0g	
Cholesterol 5mg	0%
Sodium 50mg	2%
Total Carbohydrate 24g	9%
Dietary Fibre 0g	0%
Total Sugars 18g	
Includes 13g Added Sugars	26%
Protein 3g	
Vitamin D 0.8mcg	4%
Calcium 110mg	8%
Iron 0.3mg	1.7%
Potassium 160mg	4%

INGREDIENTS:
Water, Chocolate Variagate (Corn Syrup, Water, Sugar, Cocoa Processed with Alkali, Coconut Oil, Chocolate Liqueur, Nonfat Dry Milk, Natural Flavour, Salt, Corn Starch.), Sugar, Vegetable Fat, Skim Milk, Glucose Syrup Solids, Stabilizer (Mono & Diglycerides, Guar Gum, Polysorbate 80, Carrageenan, Standardized with Sugar.), Coconut Flavour.

CONTAINS:
Milk.

ALLERGEN INFORMATION:
Made in a facility that also produces products that may contain Wheat, Soy, Peanuts and Tree Nuts.



Strawberry Cheesecake Ripple

Ice Cream
1 Gallon(3.78L)

Nutrition Facts

24 servings per container	
Serving size 2/3 Cup (85g)	
Amount per serving	
Calories	180
% Daily Value*	
Total Fat 9g	11%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 50mg	2%
Total Carbohydrate 22g	8%
Dietary Fibre 0g	0%
Total Sugars 19g	
Includes 13g Added Sugars	27%
Protein 3g	
Vitamin D 0.8mcg	4%
Calcium 100mg	8%
Iron 0mg	0%
Potassium 2140mg	2%

INGREDIENTS:
Water, Strawberry Variagate (Sugar, Strawberries, Water, Corn Syrup, Natural Flavor, Pectin, Citric Acid, Malic Acid, Locust Bean Gum, Sodium Benzoate (preservative), FD&C Red 40, FD&C Blue 1.), Sugar, Vegetable Fat, Skim Milk, Glucose Syrup Solids, Cheesecake Flavour, Stabilizer (Mono & Diglycerides, Guar Gum, Polysorbate 80, Carrageenan, Standardized with Sugar.)

CONTAINS:
Milk.

ALLERGEN INFORMATION:
Made in a facility that also produces products that may contain Wheat, Soy, Peanuts and Tree Nuts.



Vanilla Chocolate Ripple

Ice Cream
1 Gallon (3.78L)

Nutrition Facts

24 servings per container	
Serving size 2/3 Cup (85g)	
Amount per serving	
Calories	187
% Daily Value*	
Total Fat 9g	12%
Saturated Fat 5g	27%
Trans Fat 0g	
Cholesterol 1mg	0%
Sodium 50mg	2%
Total Carbohydrate 24g	9%
Dietary Fibre 0g	0%
Total Sugars 18g	
Includes 13g Added Sugars	26%
Protein 3g	
Vitamin D 1mcg	4%
Calcium 105mg	8%
Iron 0.3mg	1.7%
Potassium 162mg	4%

INGREDIENTS:
Water, Chocolate Variagate (Corn Syrup, Water, Sugar, Cocoa Processed with Alkali, Coconut Oil, Chocolate Liqueur, Nonfat Dry Milk, Natural Flavor, Salt, Corn Starch.), Sugar, Vegetable Fat, Skim Milk, Stabilizer (Mono & Diglycerides, Guar Gum, Polysorbate 80, Carrageenan, Standardized with Sugar).

CONTAINS:
Milk.

ALLERGEN INFORMATION:
Made in a facility that also produces products that may contain Wheat, Soy, Peanuts and Tree Nuts.



SINGLES



2 LITRES



Cherry Coconut
Ice Cream
2 Litre

Nutrition Facts

13 servings per container	
Serving size	2/3 Cup (85g)
Amount per serving	
Calories	180
% Daily Value*	
Total Fat 9g	11%
Saturated Fat 5g	26%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 50mg	2%
Total Carbohydrate 21g	8%
Dietary Fibre 1g	0%
Total Sugars 18g	
Includes 15g Added Sugars	25%
Protein 2g	
Vitamin D 0.8mcg	4%
Calcium 110mg	8%
Iron 0mg	0%
Potassium 140mg	4%

INGREDIENTS:
Water, Sugar, Vegetable Fat, Skim Milk, Maraschino Cherries (Cherries, Water, Cane Sugar, Citric Acid, Sodium Benzoate, Propylene Glycol, Artificial Flavours, FD&C Red 40, Traces of Sulphur Dioxide), Glucose Syrup Solids, Stabilizer (Mono & Diglycerides, Guar Gum, Polysorbate 80, Carrageenan, Standardized with Sugar.), Coconut Flavour.

CONTAINS:
Milk

ALLERGEN INFORMATION:
Made in a facility that also produces products that may contain Wheat, Soy, Peanuts and Tree Nuts.

May contain pieces of Fruit Pits, Seeds and Stems.



Cherry Vanilla
Ice Cream
2 Litre

Nutrition Facts

13 servings per container	
Serving size	2/3 Cup (85g)
Amount per serving	
Calories	180
% Daily Value*	
Total Fat 9g	11%
Saturated Fat 5g	26%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 50mg	2%
Total Carbohydrate 21g	8%
Dietary Fibre 0g	0%
Total Sugars 18g	
Includes 15g Added Sugars	25%
Protein 2g	
Vitamin D 0.8mcg	4%
Calcium 110mg	8%
Iron 0mg	0%
Potassium 140mg	2%

INGREDIENTS:
Water, Sugar, Vegetable Fat, Skim Milk, Maraschino Cherries (Cherries, Water, Cane Sugar, Citric Acid, Sodium Benzoate, Propylene Glycol, Artificial Flavours, FD&C Red 40, Traces of Sulphur Dioxide), Glucose Syrup Solids, Stabilizer (Mono & Diglycerides, Guar Gum, Polysorbate 80, Carrageenan, Standardized with Sugar.), Vanilla Flavour, Cherry Flavour, FD&C Yellow 5 (E102).

CONTAINS:
Milk

ALLERGEN INFORMATION:
Made in a facility that also produces products that may contain Wheat, Soy, Peanuts and Tree Nuts.

May contain pieces of Fruit Pits, Seeds and Stems.





Chocolate
Ice Cream
2 Litre

Nutrition Facts

13 servings per container	
Serving size 2/3 Cup (85g)	
Amount per serving	
Calories	170
% Daily Value*	
Total Fat 9g	12%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 50mg	2%
Total Carbohydrate 20g	7%
Dietary Fibre 1g	3%
Total Sugars 18g	
Includes 14g Added Sugars	27%
Protein 4g	
Vitamin D 0.8mcg	4%
Calcium 110mg	8%
Iron 1.1mg	6%
Potassium 250mg	6%

INGREDIENTS:
Water, Sugar, Vegetable Fat, Skim Milk, Cocoa Powder (Alkalisied), Stabilizer (Mono & Diglycerides, Guar Gum, Polysorbate 80, Carrageenan, Standardized with Sugar.), Caramel Colour (E150), Vanilla Flavour.

CONTAINS:
Milk

ALLERGEN INFORMATION:
Made in a facility that also produces products that may contain Wheat, Soy, Peanuts and Tree Nuts.



Coconut
Ice Cream
2 Litre

Nutrition Facts

13 servings per container	
Serving size 2/3 Cup (85g)	
Amount per serving	
Calories	180
% Daily Value*	
Total Fat 9g	11%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 2mg	0%
Sodium 52mg	2%
Total Carbohydrate 23g	8%
Dietary Fibre 0g	0%
Total Sugars 19g	
Includes 10g Added Sugars	20%
Protein 3g	
Vitamin D 1mcg	4%
Calcium 105mg	8%
Iron 0.1mg	0.7%
Potassium 160mg	4%

INGREDIENTS:
Water, Sugar, Vegetable Fat, Skim Milk, Raisins Soaked in Rum, Glucose Solids, Stabilizer (Mono & Diglycerides, Guar Gum, Polysorbate 80, Carrageenan, Standardized with Sugar.), Rum Raisin Flavour, Caramel Colour (E150), Vanilla Flavour, Almond Flavour.

CONTAINS:
Milk

ALLERGEN INFORMATION:
Made in a facility that also produces products that may contain Wheat, Soy, Peanuts and Tree Nuts. May contain pieces of Fruit, Pits, Seeds and Stems.



Cookies & Cream
Ice Cream
2 Litre

Nutrition Facts

13 servings per container	
Serving size 2/3 Cup (85g)	
Amount per serving	
Calories	190
% Daily Value*	
Total Fat 10g	13%
Saturated Fat 5g	29%
Trans Fat 0g	
Cholesterol 2mg	0%
Sodium 85mg	4%
Total Carbohydrate 23g	8%
Dietary Fibre 0g	0%
Total Sugars 18g	
Includes 12g Added Sugars	24%
Protein 2g	
Vitamin D 1mcg	4%
Calcium 105mg	8%
Iron 0.2mg	1%
Potassium 104mg	4%

INGREDIENTS:
Water, Sugar, Vegetable Fat, Skim Milk, Cookie Pieces (Sugar, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Palm and Palm Kernel Oil, Cocoa processed with Alkali, Corn Flour, Salt, Sodium Bicarbonate, Dextrose, Soy Lecithin, Natural Flavours.), Glucose Solids, Vanilla Flavour, Stabilizer (Mono & Diglycerides, Guar Gum, Polysorbate 80, Carrageenan, Standardized with Sugar.)

CONTAINS:
Milk, Wheat, Soy

ALLERGEN INFORMATION:
Made in a facility that also produces products that may contain Wheat, Soy, Peanuts and Tree Nuts.



Golden Vanilla
Ice Cream
2 Litre

Nutrition Facts

13 servings per container	
Serving size 2/3 Cup (85g)	
Amount per serving	
Calories	180
% Daily Value*	
Total Fat 10g	12%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 52mg	2%
Total Carbohydrate 20g	7%
Dietary Fibre 0g	0%
Total Sugars 17g	
Includes 11g Added Sugars	21%
Protein 3g	
Vitamin D 1mcg	6%
Calcium 110mg	8%
Iron 0mg	0%
Potassium 150mg	4%

INGREDIENTS:
Water, Sugar, Vegetable Fat, Skim Milk, Glucose Solids, Stabilizer (Mono & Diglycerides, Guar Gum, Polysorbate 80, Carrageenan, Standardized with Sugar.), Vanilla, FD&C Yellow 5 (E102), FD&C Red 40 (E129).

CONTAINS:
Milk

ALLERGEN INFORMATION:
Made in a facility that also produces products that may contain Wheat, Soy, Peanuts and Tree Nuts.





Peanut
Ice Cream
2 Litre

Nutrition Facts	
13 servings per container	
Serving size 2/3 Cup (85g)	
Amount per serving	
Calories	187
% Daily Value*	
Total Fat 9g	12%
Saturated Fat 4.5g	22%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 70mg	3%
Total Carbohydrate 16g	7%
Dietary Fibre 1g	2%
Total Sugars 18g	
Includes 15g Added Sugars	27%
Protein 4g	
Vitamin D 0.8mcg	4%
Calcium 100mg	8%
Iron 0mg	0%
Potassium 100mg	4%

INGREDIENTS:
Water, Sugar, Skim Milk, Vegetable Fat, Peanut Butter (Peanuts, Hydrogenated Vegetable Oil (As Stabilizer), Salt, Sugar), Stabilizer (Mono & Diglycerides, Guar Gum, Polysorbate 80, Carrageenan, Standardized with Sugar.), Caramel Colour (E150), Salt.

CONTAINS:
Milk, Peanut

ALLERGEN INFORMATION:
Made in a facility that also produces products that may contain Wheat, Soy, Peanuts and Tree Nuts.



Rum & Raisin
Ice Cream
2 Litre

Nutrition Facts	
13 servings per container	
Serving size 2/3 Cup (85g)	
Amount per serving	
Calories	180
% Daily Value*	
Total Fat 9g	11%
Saturated Fat 5g	26%
Trans Fat 0g	
Cholesterol 2mg	0%
Sodium 52mg	2%
Total Carbohydrate 23g	8%
Dietary Fibre 0g	0%
Total Sugars 19g	
Includes 10g Added Sugars	20%
Protein 3g	
Vitamin D 1mcg	4%
Calcium 105mg	8%
Iron 0.1mg	0.7%
Potassium 160mg	4%

INGREDIENTS:
Water, Sugar, Vegetable Fat, Skim Milk, Raisins Soaked in Rum, Glucose Solids, Stabilizer (Mono & Diglycerides, Guar Gum, Polysorbate 80, Carrageenan, Standardized with Sugar.), Rum Raisin Flavour, Caramel Colour (E150), Vanilla Flavour, Almond Flavour.

CONTAINS:
Milk

ALLERGEN INFORMATION:
Made in a facility that also produces products that may contain Wheat, Soy, Peanuts and Tree Nuts. May contain pieces of Fruit Pits, Seeds and Stems.



Strawberry
Ice Cream
2 Litre

Nutrition Facts	
13 servings per container	
Serving size 2/3 Cup (85g)	
Amount per serving	
Calories	170
% Daily Value*	
Total Fat 8g	11%
Saturated Fat 5g	24%
Trans Fat 0g	
Cholesterol 1mg	0%
Sodium 40mg	2%
Total Carbohydrate 20g	7%
Dietary Fibre 0g	0%
Total Sugars 17g	
Includes 11g Added Sugars	22%
Protein 3g	
Vitamin D 1mcg	4%
Calcium 100mg	8%
Iron 0.1mg	0.56%
Potassium 145mg	4%

INGREDIENTS:
Water, Strawberries (Strawberries, Sugar, Water, Corn Starch, Citric Acid, Natural Flavours and Potassium Sorbate (As Preservative)), Sugar, Vegetable Fat, Skim Milk, Glucose Solids, Stabilizer (Mono & Diglycerides, Guar Gum, Polysorbate 80, Carrageenan, Standardized with Sugar.), Strawberry Flavour, Citric Acid (E330), FD&C Yellow 5 (E102), Amaranth Red (E123).

CONTAINS:
Milk

ALLERGEN INFORMATION:
Made in a facility that also produces products that may contain Wheat, Soy, Peanuts and Tree Nuts. May contain pieces of Fruit Pits, Seeds and Stems.



DUOS



Coconut Strawberry

Ice Cream
2 Litre

Nutrition Facts

13 servings per container	
Serving size 2/3 Cup (85g)	
Amount per serving	
Calories 170	
% Daily Value*	
Total Fat 9g	11%
Saturated Fat 5g	26%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 50mg	2%
Total Carbohydrate 20g	7%
Dietary Fibre 0g	0%
Total Sugars 17g	
Includes 11g Added Sugars	22%
Protein 2g	
Vitamin D 1mcg	4%
Calcium 106mg	8%
Iron 0.0mg	0.3%
Potassium 149mg	4%

INGREDIENTS:
Water, Sugar, Vegetable Fat, Skim Milk, Strawberries (Strawberries, Sugar, Water, Corn Starch, Citric Acid, Natural Flavours and Potassium Sorbate (As Preservative)), Glucose Syrup Solids, Stabilizer (Mono & Diglycerides, Guar Gum, Polysorbate 80, Carrageenan, Standardized with Sugar), Coconut Flavour, Strawberry Flavour, FD&C Yellow 5 (E102), Amaranth Red (E123), Citric Acid.

CONTAINS:
Milk

ALLERGEN INFORMATION:
Made in a facility that also produces products that may contain Wheat, Soy, Peanuts and Tree Nuts.

May contain pieces of Fruit Pits, Seeds and Stems.



Golden Vanilla Chocolate

Ice Cream
2 Litre

Nutrition Facts

13 servings per container	
Serving size 2/3 Cup (85g)	
Amount per serving	
Calories 170	
% Daily Value*	
Total Fat 9g	12%
Saturated Fat 5g	27%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 50mg	2%
Total Carbohydrate 20g	7%
Dietary Fibre 0g	2%
Total Sugars 17g	
Includes 12g Added Sugars	24%
Protein 4g	
Vitamin D 0.8mcg	4%
Calcium 110mg	8%
Iron 0.5mg	2%
Potassium 200mg	4%

INGREDIENTS:
Water, Sugar, Vegetable Fat, Skim Milk, Glucose Solids, Cocoa Powder (Alkalisied), Stabilizer (Mono & Diglycerides, Guar Gum, Polysorbate 80, Carrageenan, Standardized with Sugar), Caramel Colour (E150), Vanilla Flavour.

CONTAINS:
Milk

ALLERGEN INFORMATION:
Made in a facility that also produces products that may contain Wheat, Soy, Peanuts and Tree Nuts.



Golden Vanilla Strawberry

Ice Cream
2 Litre

Nutrition Facts

13 servings per container	
Serving size 2/3 Cup (85g)	
Amount per serving	
Calories 170	
% Daily Value*	
Total Fat 9g	11%
Saturated Fat 5g	26%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 50mg	2%
Total Carbohydrate 20g	7%
Dietary Fibre 0g	0%
Total Sugars 17g	
Includes 11g Added Sugars	22%
Protein 2g	
Vitamin D 0.8mcg	4%
Calcium 110mg	8%
Iron 0.1mg	0.3%
Potassium 150mg	4%

INGREDIENTS:
Water, Sugar, Vegetable Fat, Skim Milk, Strawberries (Strawberries, Sugar, Water, Corn Starch, Citric Acid, Natural Flavours and Potassium Sorbate (As preservative)), Glucose Solids, Stabilizer (Mono & Diglycerides, Guar Gum, Polysorbate 80, Carrageenan, Standardized with Sugar), Strawberry Flavour, Citric Acid, Vanillin, Yellow 5 (E102), FD&C Red 40 (E129), Amaranth Red (E123).

CONTAINS:
Milk

ALLERGEN INFORMATION:
Made in a facility that also produces products that may contain Wheat, Soy, Peanuts and Tree Nuts.
May contain pieces of Fruit Pits, Seeds and Stems.



Neapolitan

Ice Cream
2 Litre

Nutrition Facts

13 servings per container	
Serving size 2/3 Cup (85g)	
Amount per serving	
Calories 170	
% Daily Value*	
Total Fat 9g	11%
Saturated Fat 5g	26%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 50mg	2%
Total Carbohydrate 20g	7%
Dietary Fibre 0g	0%
Total Sugars 17g	
Includes 12g Added Sugars	24%
Protein 2g	
Vitamin D 0.8mcg	4%
Calcium 110mg	8%
Iron 0.4mg	2%
Potassium 160mg	4%

INGREDIENTS:
Water, Sugar, Vegetable Fat, Skim Milk, Strawberries (Strawberries, Sugar, Water, Corn Starch, Citric Acid, Natural Flavours and Potassium Sorbate (As preservative)), Glucose Syrup Solids, Cocoa Powder (Alkalisied), Stabilizer (Mono & Diglycerides, Guar Gum, Polysorbate 80, Carrageenan, Standardized with Sugar), Strawberry Flavour, Caramel Colour (E150), Citric Acid, Vanilla Flavour, FD&C Yellow 5 (E102), FD&C Red 40 (E129), Amaranth Red (E123).

CONTAINS:
Milk

ALLERGEN INFORMATION:
Made in a facility that also produces products that may contain Wheat, Soy, Peanuts and Tree Nuts.
May contain pieces of Fruit Pits, Seeds and Stems.



RIPPLES



**Chocolate
Caramel Ripple**
Ice Cream
2 Litre

Nutrition Facts

13 servings per container
Serving size 2/3 Cup (85g)

Amount per serving		% Daily Value*
Calories	180	
Total Fat 9g		12%
Saturated Fat 5g		27%
Trans Fat 0g		
Cholesterol 5mg		1%
Sodium 60mg		3%
Total Carbohydrate 23g		8%
Dietary Fibre 1g		3%
Total Sugars 21g		
Includes 16g Added Sugars		32%
Protein 4g		
Vitamin D 0.8mcg		4%
Calcium 110mg		8%
Iron 0.3mg		6%
Potassium 230mg		4%

INGREDIENTS:
Water, Sugar, Caramel
Varietate (Sweetened
Condensed Whole Milk (Milk,
Sugar), Sugar, Corn Syrup,
Water, Coconut Oil, Pectin,
Salt, Potassium Sorbate,
Sodium Bicarbonate, Vanilla
Extract.), Vegetable Fat, Skim
Milk, Cocoa Powder (Cocoa
Powder (Alkalisied)), Stabilizer
(Mono & Diglycerides, Guar
Gum, Polysorbate 80,
Carrageenan, Standardized
with Sugar.), Caramel Colour
(E150), Vanilla Flavour.

CONTAINS:
Milk

**ALLERGEN
INFORMATION:**
Made in a facility that also
produces products that may
contain Wheat, Soy, Peanuts
and Tree Nuts.



**Coconut
Chocolate Ripple**
Ice Cream
2 Litre

Nutrition Facts

13 servings per container
Serving size 2/3 Cup (85g)

Amount per serving		% Daily Value*
Calories	190	
Total Fat 9g		12%
Saturated Fat 5g		28%
Trans Fat 0g		
Cholesterol 0mg		0%
Sodium 55mg		2%
Total Carbohydrate 24g		9%
Dietary Fibre 0g		0%
Total Sugars 18g		
Includes 15g Added Sugars		26%
Protein 2g		
Vitamin D 0.8mcg		4%
Calcium 110mg		8%
Iron 0.3mg		1.7%
Potassium 160mg		4%

INGREDIENTS:
Water, Chocolate Varietate
(Corn Syrup, Water, Sugar,
Cocoa Processed with Alkali,
Coconut Oil, Chocolate Liqueur,
Nonfat Dry Milk, Natural
Flavour, Salt, Corn Starch.),
Sugar, Vegetable Fat, Skim
Milk, Glucose Syrup Solids,
Stabilizer (Mono & Diglycerides,
Guar Gum, Polysorbate 80,
Carrageenan, Standardized
with Sugar.), Coconut Flavour.

CONTAINS:
Milk

**ALLERGEN
INFORMATION:**
Made in a facility that also
produces products that may
contain Wheat, Soy, Peanuts
and Tree Nuts.



**Strawberry
Cheesecake Ripple**
Ice Cream
2 Litre

Nutrition Facts

13 servings per container
Serving size 2/3 Cup (85g)

Amount per serving		% Daily Value*
Calories	180	
Total Fat 9g		11%
Saturated Fat 5g		25%
Trans Fat 0g		
Cholesterol 0mg		0%
Sodium 50mg		2%
Total Carbohydrate 22g		8%
Dietary Fibre 0g		0%
Total Sugars 19g		
Includes 15g Added Sugars		27%
Protein 3g		
Vitamin D 0.8mcg		4%
Calcium 100mg		8%
Iron 0mg		0%
Potassium 2140mg		2%

INGREDIENTS:
Water, Strawberry Varietate
(Sugar, Strawberries, Water,
Corn Syrup, Natural Flavor,
Pectin, Citric Acid, Malic Acid,
Locust Bean Gum, Sodium
Benzoate (preservative), FD&C
Red 40, FD&C Blue 1.), Sugar,
Vegetable Fat, Skim Milk,
Glucose Syrup Solids,
Cheesecake Flavour, Stabilizer
(Mono & Diglycerides, Guar
Gum, Polysorbate 80,
Carrageenan, Standardized
with Sugar.)

CONTAINS:
Milk

**ALLERGEN
INFORMATION:**
Made in a facility that also
produces products that may
contain Wheat, Soy, Peanuts
and Tree Nuts.



**Vanilla
Chocolate Ripple**
Ice Cream
2 Litre

Nutrition Facts

13 servings per container
Serving size 2/3 Cup (85g)

Amount per serving		% Daily Value*
Calories	187	
Total Fat 9g		12%
Saturated Fat 5g		27%
Trans Fat 0g		
Cholesterol 1mg		0%
Sodium 50mg		2%
Total Carbohydrate 24g		9%
Dietary Fibre 0g		0%
Total Sugars 18g		
Includes 15g Added Sugars		26%
Protein 3g		
Vitamin D 1mcg		4%
Calcium 105mg		8%
Iron 0.3mg		1.7%
Potassium 162mg		4%

INGREDIENTS:
Water, Chocolate Varietate
(Corn Syrup, Water, Sugar,
Cocoa Processed with Alkali,
Coconut Oil, Chocolate Liqueur,
Nonfat Dry Milk, Natural Flavor,
Salt, Corn Starch.), Sugar,
Vegetable Fat, Skim Milk,
Stabilizer (Mono & Diglycerides,
Guar Gum, Polysorbate 80,
Carrageenan, Standardized
with Sugar.)

CONTAINS:
Milk

**ALLERGEN
INFORMATION:**
Made in a facility that also
produces products that may
contain Wheat, Soy, Peanuts
and Tree Nuts.



1 LITRE

SINGLES



Cherry Coconut

Ice Cream
1 Litre

Nutrition Facts

6 servings per container	
Serving size	2/3 Cup (85g)
Amount per serving	
Calories	180
% Daily Value*	
Total Fat 9g	11%
Saturated Fat 5g	26%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 50mg	2%
Total Carbohydrate 21g	8%
Dietary Fibre 1g	0%
Total Sugars 18g	
Includes 15g Added Sugars	25%
Protein 3g	
Vitamin D 0.5mcg	4%
Calcium 110mg	8%
Iron 0mg	0%
Potassium 140mg	4%

INGREDIENTS:
Water, Sugar, Vegetable Fat, Skim Milk, Maraschino Cherries (Cherries, Water, Cane Sugar, Citric Acid, Sodium Benzoate, Propylene Glycol, Artificial Flavours, FD&C Red 40, Traces of Sulphur Dioxide), Glucose Syrup Solids, Stabilizer (Mono & Diglycerides, Guar Gum, Polysorbate 80, Carrageenan, Standardized with Sugar.), Coconut Flavour.

CONTAINS:
Milk

ALLERGEN INFORMATION:
Made in a facility that also produces products that may contain Wheat, Soy, Peanuts and Tree Nuts.

May contain pieces of Fruit Pits, Seeds and Stems.



Cherry Vanilla

Ice Cream
1 Litre

Nutrition Facts

6 servings per container	
Serving size	2/3 Cup (85g)
Amount per serving	
Calories	180
% Daily Value*	
Total Fat 9g	11%
Saturated Fat 5g	26%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 50mg	2%
Total Carbohydrate 21g	8%
Dietary Fibre 0g	0%
Total Sugars 18g	
Includes 15g Added Sugars	25%
Protein 3g	
Vitamin D 0.5mcg	4%
Calcium 110mg	8%
Iron 0mg	0%
Potassium 140mg	2%

INGREDIENTS:
Water, Sugar, Vegetable Fat, Skim Milk, Maraschino Cherries (Cherries, Water, Cane Sugar, Citric Acid, Sodium Benzoate, Propylene Glycol, Artificial Flavours, FD&C Red 40, Traces of Sulphur Dioxide), Glucose Syrup Solids, Stabilizer (Mono & Diglycerides, Guar Gum, Polysorbate 80, Carrageenan, Standardized with Sugar.), Vanilla Flavour, Cherry Flavour, FD&C Yellow 5 (E102).

CONTAINS:
Milk

ALLERGEN INFORMATION:
Made in a facility that also produces products that may contain Wheat, Soy, Peanuts and Tree Nuts.

May contain pieces of Fruit Pits, Seeds and Stems.





Chocolate
Ice Cream
1 Litre

Nutrition Facts	
6 servings per container	
Serving size 2/3 Cup (85g)	
Amount per serving	
Calories	170
% Daily Value*	
Total Fat 8g	12%
Saturated Fat 5g	26%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 50mg	2%
Total Carbohydrate 20g	7%
Dietary Fibre 1g	3%
Total Sugars 18g	
Includes 11g Added Sugars	21%
Protein 4g	
Vitamin D 0.8mcg	4%
Calcium 110mg	8%
Iron 1.1mg	6%
Potassium 200mg	6%

INGREDIENTS:
Water, Sugar, Vegetable Fat, Skim Milk, Cocoa Powder (Alkalisied), Stabilizer (Mono & Diglycerides, Guar Gum, Polysorbate 80, Carrageenan, Standardized with Sugar.), Caramel Colour (E150), Vanilla Flavour.

CONTAINS:
Milk

ALLERGEN INFORMATION:
Made in a facility that also produces products that may contain Wheat, Soy, Peanuts and Tree Nuts.



Coconut
Ice Cream
1 Litre

Nutrition Facts	
6 servings per container	
Serving size 2/3 Cup (85g)	
Amount per serving	
Calories	180
% Daily Value*	
Total Fat 10g	12%
Saturated Fat 6g	26%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 55mg	2%
Total Carbohydrate 20g	7%
Dietary Fibre 0g	0%
Total Sugars 17g	
Includes 11g Added Sugars	21%
Protein 3g	
Vitamin D 1mcg	6%
Calcium 110mg	8%
Iron 0mg	0%
Potassium 150mg	4%

INGREDIENTS:
Water, Sugar, Vegetable Fat, Skim Milk, Glucose Syrup Solids, Stabilizer (Mono & Diglycerides, Guar Gum, Polysorbate 80, Carrageenan, Standardized with Sugar.), Coconut Flavour

CONTAINS:
Milk

ALLERGEN INFORMATION:
Made in a facility that also produces products that may contain Wheat, Soy, Peanuts and Tree Nuts. May contain pieces of Fruit Pits, Seeds and Stems.



Cookies & Cream
Ice Cream
1 Litre

Nutrition Facts	
6 servings per container	
Serving size 2/3 Cup (85g)	
Amount per serving	
Calories	190
% Daily Value*	
Total Fat 10g	13%
Saturated Fat 6g	29%
Trans Fat 0g	
Cholesterol 2mg	0%
Sodium 55mg	4%
Total Carbohydrate 23g	8%
Dietary Fibre 0g	0%
Total Sugars 18g	
Includes 12g Added Sugars	24%
Protein 3g	
Vitamin D 1mcg	4%
Calcium 105mg	8%
Iron 0.2mg	1%
Potassium 154mg	4%

INGREDIENTS:
Water, Sugar, Vegetable Fat, Skim Milk, Cookie Pieces (Sugar, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Palm and Palm Kernel Oil, Cocoa processed with Alkali, Corn Flour, Salt, Sodium Bicarbonate, Dextrose, Soy Lecithin, Natural Flavours.), Glucose Solids, Vanilla Flavour, Stabilizer (Mono & Diglycerides, Guar Gum, Polysorbate 80, Carrageenan, Standardized with Sugar.)

CONTAINS:
Milk, Wheat, Soy

ALLERGEN INFORMATION:
Made in a facility that also produces products that may contain Wheat, Soy, Peanuts and Tree Nuts.



Golden Vanilla
Ice Cream
1 Litre

Nutrition Facts	
6 servings per container	
Serving size 2/3 Cup (85g)	
Amount per serving	
Calories	180
% Daily Value*	
Total Fat 10g	12%
Saturated Fat 6g	26%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 55mg	2%
Total Carbohydrate 20g	7%
Dietary Fibre 0g	0%
Total Sugars 17g	
Includes 11g Added Sugars	21%
Protein 3g	
Vitamin D 1mcg	6%
Calcium 110mg	8%
Iron 0mg	0%
Potassium 150mg	4%

INGREDIENTS:
Water, Sugar, Vegetable Fat, Skim Milk, Glucose Solids, Stabilizer (Mono & Diglycerides, Guar Gum, Polysorbate 80, Carrageenan, Standardized with Sugar.), Vanilla, FD&C Yellow 5 (E102), FD&C Red 40 (E129).

CONTAINS:
Milk

ALLERGEN INFORMATION:
Made in a facility that also produces products that may contain Wheat, Soy, Peanuts and Tree Nuts.





Ice Cream
1 Litre

Nutrition Facts	
6 servings per container	
Serving size	2/3 Cup (85g)
Amount per serving	
Calories	187
	% Daily Value*
Total Fat 9g	12%
Saturated Fat 4.5g	22%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 70mg	3%
Total Carbohydrate 18g	7%
Dietary Fibre 1g	2%
Total Sugars 18g	
Includes 15g Added Sugars	27%
Protein 4g	
Vitamin D 0.9mcg	4%
Calcium 100mg	8%
Iron 0mg	0%
Potassium 160mg	4%

INGREDIENTS:
Water, Sugar, Skim Milk, Vegetable Fat, Peanut Butter (Peanuts, Hydrogenated Vegetable Oil (As Stabilizer), Salt, Sugar), Stabilizer (Mono & Diglycerides, Guar Gum, Polysorbate 80, Carrageenan, Standardized with Sugar), Caramel Colour (E150), Salt.

CONTAINS:
Milk, Peanut

ALLERGEN INFORMATION:
Made in a facility that also produces products that may contain Wheat, Soy, Peanuts and Tree Nuts.



Rum & Raisin
Ice Cream
1 Litre

Nutrition Facts	
6 servings per container	
Serving size	2/3 Cup (85g)
Amount per serving	
Calories	180
	% Daily Value*
Total Fat 9g	11%
Saturated Fat 5g	26%
Trans Fat 0g	
Cholesterol 2mg	0%
Sodium 52mg	2%
Total Carbohydrate 23g	8%
Dietary Fibre 0g	0%
Total Sugars 19g	
Includes 10g Added Sugars	20%
Protein 3g	
Vitamin D 1mcg	4%
Calcium 105mg	8%
Iron 0.1mg	0.7%
Potassium 160mg	4%

INGREDIENTS:
Water, Sugar, Vegetable Fat, Skim Milk, Raisins Soaked in Rum, Glucose Solids, Stabilizer (Mono & Diglycerides, Guar Gum, Polysorbate 80, Carrageenan, Standardized with Sugar), Rum Raisin Flavour, Caramel Colour (E150), Vanilla Flavour, Almond Flavour.

CONTAINS:
Milk

ALLERGEN INFORMATION:
Made in a facility that also produces products that may contain Wheat, Soy, Peanuts and Tree Nuts. May contain pieces of Fruit Pits, Seeds and Stems.



Strawberry
Ice Cream
1 Litre

Nutrition Facts	
6 servings per container	
Serving size	2/3 Cup (85g)
Amount per serving	
Calories	170
	% Daily Value*
Total Fat 8g	11%
Saturated Fat 5g	24%
Trans Fat 0g	
Cholesterol 1mg	0%
Sodium 40mg	2%
Total Carbohydrate 20g	7%
Dietary Fibre 0g	0%
Total Sugars 17g	
Includes 11g Added Sugars	22%
Protein 3g	
Vitamin D 1mcg	4%
Calcium 100mg	8%
Iron 0.1mg	0.56%
Potassium 145mg	4%

INGREDIENTS:
Water, Strawberries (Strawberries, Sugar, Water, Corn Starch, Citric Acid, Natural Flavours and Potassium Sorbate (As Preservative)), Sugar, Vegetable Fat, Skim Milk, Glucose Solids, Stabilizer (Mono & Diglycerides, Guar Gum, Polysorbate 80, Carrageenan, Standardized with Sugar), Strawberry Flavour, Citric Acid (E330), FD&C Yellow 5 (E102), Amaranth Red (E123).

CONTAINS:
Milk

ALLERGEN INFORMATION:
Made in a facility that also produces products that may contain Wheat, Soy, Peanuts and Tree Nuts. May contain pieces of Fruit Pits, Seeds and Stems.



DUOS



Coconut Strawberry

Ice Cream
1 Litre

Nutrition Facts	
6 servings per container	
Serving size	2/3 Cup (85g)
Amount per serving	
Calories	170
% Daily Value*	
Total Fat 9g	11%
Saturated Fat 5g	26%
Trans Fat 0g	
Cholesterol 2mg	0%
Sodium 50mg	2%
Total Carbohydrate 20g	7%
Dietary Fibre 0g	0%
Total Sugars 17g	
Includes 11g Added Sugars	22%
Protein 3g	
Vitamin D 1mcg	4%
Calcium 105mg	8%
Iron 0.09mg	0.3%
Potassium 149mg	4%

INGREDIENTS:
Water, Sugar, Vegetable Fat, Skim Milk, Strawberries (Strawberries, Sugar, Water, Corn Starch, Citric Acid, Natural Flavours and Potassium Sorbate (As Preservative)), Glucose Syrup Solids, Stabilizer (Mono & Diglycerides, Guar Gum, Polysorbate 80, Carrageenan, Standardized with Sugar.), Coconut Flavour, Strawberry Flavour, FD&C Yellow 5 (E102), Amaranth Red (E123), Citric Acid.

CONTAINS:
Milk

ALLERGEN INFORMATION:
Made in a facility that also produces products that may contain Wheat, Soy, Peanuts and Tree Nuts.

May contain pieces of Fruit Pits, Seeds and Stems.



Golden Vanilla Chocolate

Ice Cream
1 Litre

Nutrition Facts	
6 servings per container	
Serving size	2/3 Cup (85g)
Amount per serving	
Calories	170
% Daily Value*	
Total Fat 9g	12%
Saturated Fat 5g	27%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 50mg	2%
Total Carbohydrate 20g	7%
Dietary Fibre 1g	2%
Total Sugars 17g	
Includes 12g Added Sugars	24%
Protein 4g	
Vitamin D 0.8mcg	4%
Calcium 110mg	8%
Iron 0.5mg	2%
Potassium 200mg	4%

INGREDIENTS:
Water, Sugar, Vegetable Fat, Skim Milk, Glucose Solids, Cocoa Powder (Alkalisied), Stabilizer (Mono & Diglycerides, Guar Gum, Polysorbate 80, Carrageenan, Standardized with Sugar.), Caramel Colour (E150), Vanilla Flavour.

CONTAINS:
Milk

ALLERGEN INFORMATION:
Made in a facility that also produces products that may contain Wheat, Soy, Peanuts and Tree Nuts.



Golden Vanilla Strawberry

Ice Cream
1 Litre

Nutrition Facts	
6 servings per container	
Serving size	2/3 Cup (85g)
Amount per serving	
Calories	170
% Daily Value*	
Total Fat 9g	11%
Saturated Fat 5g	26%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 50mg	2%
Total Carbohydrate 20g	7%
Dietary Fibre 0g	0%
Total Sugars 17g	
Includes 11g Added Sugars	22%
Protein 3g	
Vitamin D 0.8mcg	4%
Calcium 110mg	8%
Iron 0.1mg	0.3%
Potassium 160mg	4%

INGREDIENTS:
Water, Sugar, Vegetable Fat, Skim Milk, Strawberries (Strawberries, Sugar, Water, Corn Starch, Citric Acid, Natural Flavours and Potassium Sorbate (As Preservative)), Glucose Solids, Stabilizer (Mono & Diglycerides, Guar Gum, Polysorbate 80, Carrageenan, Standardized with Sugar.), Strawberry Flavour, Citric Acid, Vanillin, Yellow 5 (E102), FD&C Red 40 (E129), Amaranth Red (E123).

CONTAINS:
Milk

ALLERGEN INFORMATION:
Made in a facility that also produces products that may contain Wheat, Soy, Peanuts and Tree Nuts.

May contain pieces of Fruit Pits, Seeds and Stems.



Neapolitan

Ice Cream
1 Litre

Nutrition Facts	
6 servings per container	
Serving size	2/3 Cup (85g)
Amount per serving	
Calories	170
% Daily Value*	
Total Fat 9g	11%
Saturated Fat 5g	26%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 50mg	2%
Total Carbohydrate 20g	7%
Dietary Fibre 0g	0%
Total Sugars 17g	
Includes 12g Added Sugars	24%
Protein 3g	
Vitamin D 0.8mcg	4%
Calcium 110mg	8%
Iron 0.4mg	2%
Potassium 160mg	4%

INGREDIENTS:
Water, Sugar, Vegetable Fat, Skim Milk, Strawberries (Strawberries, Sugar, Water, Corn Starch, Citric Acid, Natural Flavours and Potassium Sorbate (As preservative)), Glucose Syrup Solids, Cocoa Powder (Alkalisied), Stabilizer (Mono & Diglycerides, Guar Gum, Polysorbate 80, Carrageenan, Standardized with Sugar.), Strawberry Flavour, Caramel Colour (E150), Citric Acid, Vanilla Flavour, FD&C Yellow 5 (E102), FD&C Red 40 (E129), Amaranth Red (E123).

CONTAINS:
Milk

ALLERGEN INFORMATION:
Made in a facility that also produces products that may contain Wheat, Soy, Peanuts and Tree Nuts.

May contain pieces of Fruit Pits, Seeds and Stems.



RIPPLES



**Chocolate
Caramel Ripple**
Ice Cream
1 Litre

Nutrition Facts

6 servings per container
Serving size 2/3 Cup (85g)

Amount per serving
Calories 180

	% Daily Value*
Total Fat 9g	12%
Saturated Fat 5g	27%
Trans Fat 0g	
Cholesterol 5mg	1%
Sodium 50mg	3%
Total Carbohydrate 23g	8%
Dietary Fibre 1g	3%
Total Sugars 21g	
Includes 16g Added Sugars	32%
Protein 4g	
Vitamin D 0.8mcg	4%
Calcium 110mg	8%
Iron 0.3mg	6%
Potassium 230mg	4%

INGREDIENTS:
Water, Sugar, Caramel
Variegate (Sweetened
Condensed Whole Milk (Milk,
Sugar), Sugar, Corn Syrup,
Water, Coconut Oil, Pectin,
Salt, Potassium Sorbate,
Sodium Bicarbonate, Vanilla
Extract.), Vegetable Fat, Skim
Milk, Cocoa Powder (Cocoa
Powder (Alkalisised)), Stabilizer
(Mono & Diglycerides, Guar
Gum, Polysorbate 80,
Carrageenan, Standardized
with Sugar.), Caramel Colour
(E150), Vanilla Flavour.

CONTAINS:
Milk.

**ALLERGEN
INFORMATION:**
Made in a facility that also
produces products that may
contain Wheat, Soy, Peanuts
and Tree Nuts.



**Coconut
Chocolate Ripple**
Ice Cream
1 Litre

Nutrition Facts

6 servings per container
Serving size 2/3 Cup (85g)

Amount per serving
Calories 190

	% Daily Value*
Total Fat 9g	12%
Saturated Fat 5g	28%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 50mg	2%
Total Carbohydrate 24g	9%
Dietary Fibre 0g	0%
Total Sugars 18g	
Includes 15g Added Sugars	26%
Protein 2g	
Vitamin D 0.8mcg	4%
Calcium 110mg	8%
Iron 0.3mg	1.7%
Potassium 160mg	4%

INGREDIENTS:
Water, Chocolate Variegate
(Corn Syrup, Water, Sugar,
Cocoa Processed with Alkali,
Coconut Oil, Chocolate Liqueur,
Nonfat Dry Milk, Natural
Flavour, Salt, Corn Starch.),
Sugar, Vegetable Fat, Skim
Milk, Glucose Syrup Solids,
Stabilizer (Mono & Diglycerides,
Guar Gum, Polysorbate 80,
Carrageenan, Standardized
with Sugar.), Coconut Flavour.

CONTAINS:
Milk.

**ALLERGEN
INFORMATION:**
Made in a facility that also
produces products that may
contain Wheat, Soy, Peanuts
and Tree Nuts.



**Strawberry
Cheesecake Ripple**
Ice Cream
1 Litre

Nutrition Facts

6 servings per container
Serving size 2/3 Cup (85g)

Amount per serving
Calories 180

	% Daily Value*
Total Fat 9g	11%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 50mg	2%
Total Carbohydrate 22g	8%
Dietary Fibre 0g	0%
Total Sugars 19g	
Includes 15g Added Sugars	27%
Protein 3g	
Vitamin D 0.8mcg	4%
Calcium 100mg	8%
Iron 0mg	0%
Potassium 2140mg	2%

INGREDIENTS:
Water, Strawberry Variegate
(Sugar, Strawberries, Water,
Corn Syrup, Natural Flavor,
Pectin, Citric Acid, Malic Acid,
Locust Bean Gum, Sodium
Benzoate (preservative), FD&C
Red 40, FD&C Blue 1.), Sugar,
Vegetable Fat, Skim Milk,
Glucose Syrup Solids,
Cheesecake Flavour, Stabilizer
(Mono & Diglycerides, Guar
Gum, Polysorbate 80,
Carrageenan, Standardized
with Sugar.)

CONTAINS:
Milk.

**ALLERGEN
INFORMATION:**
Made in a facility that also
produces products that may
contain Wheat, Soy, Peanuts
and Tree Nuts.



**Vanilla
Chocolate Ripple**
Ice Cream
1 Litre

Nutrition Facts

6 servings per container
Serving size 2/3 Cup (85g)

Amount per serving
Calories 187

	% Daily Value*
Total Fat 9g	12%
Saturated Fat 5g	27%
Trans Fat 0g	
Cholesterol 1mg	0%
Sodium 50mg	2%
Total Carbohydrate 24g	9%
Dietary Fibre 0g	0%
Total Sugars 18g	
Includes 15g Added Sugars	26%
Protein 3g	
Vitamin D 1mcg	4%
Calcium 105mg	8%
Iron 0.3mg	1.7%
Potassium 160mg	4%

INGREDIENTS:
Water, Chocolate Variegate
(Corn Syrup, Water, Sugar,
Cocoa Processed with Alkali,
Coconut Oil, Chocolate Liqueur,
Nonfat Dry Milk, Natural Flavor,
Salt, Corn Starch.), Sugar,
Vegetable Fat, Skim Milk,
Stabilizer (Mono & Diglycerides,
Guar Gum, Polysorbate 80,
Carrageenan, Standardized
with Sugar.)

CONTAINS:
Milk.

**ALLERGEN
INFORMATION:**
Made in a facility that also
produces products that may
contain Wheat, Soy, Peanuts
and Tree Nuts.



SINGLES



0.5 LITRES



Cherry Coconut

Ice Cream
0.5 Litre

Nutrition Facts
3 servings per container
Serving size 2/3 Cup (85g)
Amount per serving
Calories 180
% Daily Value*

Total Fat 9g	11%
Saturated Fat 5g	26%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 50mg	2%
Total Carbohydrate 21g	8%
Dietary Fibre 1g	0%
Total Sugars 18g	
Includes 15g Added Sugars	25%
Protein 3g	
Vitamin D 0.8mcg	4%
Calcium 110mg	8%
Iron 0mg	0%
Potassium 140mg	4%

INGREDIENTS:
Water, Sugar, Vegetable Fat, Skim Milk, Maraschino Cherries (Cherries, Water, Cane Sugar, Citric Acid, Sodium Benzoate, Propylene Glycol, Artificial Flavours, FD&C Red 40, Traces of Sulphur Dioxide), Glucose Syrup Solids, Stabilizer (Mono & Diglycerides, Guar Gum, Polysorbate 60, Carrageenan, Standardized with Sugar.), Coconut Flavour.

CONTAINS:
Milk

ALLERGEN INFORMATION:
Made in a facility that also produces products that may contain Wheat, Soy, Peanuts and Tree Nuts.

May contain pieces of Fruit Pits, Seeds and Stems.



Cherry Vanilla

Ice Cream
0.5 Litre

Nutrition Facts
3 servings per container
Serving size 2/3 Cup (85g)
Amount per serving
Calories 180
% Daily Value*

Total Fat 9g	11%
Saturated Fat 5g	26%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 50mg	2%
Total Carbohydrate 21g	8%
Dietary Fibre 0g	0%
Total Sugars 18g	
Includes 15g Added Sugars	25%
Protein 3g	
Vitamin D 0.8mcg	4%
Calcium 110mg	8%
Iron 0mg	0%
Potassium 140mg	2%

INGREDIENTS:
Water, Sugar, Vegetable Fat, Skim Milk, Maraschino Cherries (Cherries, Water, Cane Sugar, Citric Acid, Sodium Benzoate, Propylene Glycol, Artificial Flavours, FD&C Red 40, Traces of Sulphur Dioxide), Glucose Syrup Solids, Stabilizer (Mono & Diglycerides, Guar Gum, Polysorbate 60, Carrageenan, Standardized with Sugar.), Vanilla Flavour, Cherry Flavour, FD&C Yellow 5 (E102).

CONTAINS:
Milk

ALLERGEN INFORMATION:
Made in a facility that also produces products that may contain Wheat, Soy, Peanuts and Tree Nuts.

May contain pieces of Fruit Pits, Seeds and Stems.





Chocolate
Ice Cream
0.5 Litre

Nutrition Facts	
3 servings per container	
Serving size 2/3 Cup (85g)	
Amount per serving	
Calories	170
% Daily Value*	
Total Fat 9g	12%
Saturated Fat 6g	26%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 50mg	2%
Total Carbohydrate 20g	7%
Dietary Fibre 1g	3%
Total Sugars 18g	
Includes 14g Added Sugars	27%
Protein 4g	
Vitamin D 0.8mcg	4%
Calcium 110mg	8%
Iron 1.1mg	6%
Potassium 250mg	6%

INGREDIENTS:
Water, Sugar, Vegetable Fat, Skim Milk, Cocoa Powder (Alkalisied), Stabilizer (Mono & Diglycerides, Guar Gum, Polysorbate 80, Carrageenan, Standardized with Sugar.), Caramel Colour (E150), Vanilla Flavour.

CONTAINS:
Milk

ALLERGEN INFORMATION:
Made in a facility that also produces products that may contain Wheat, Soy, Peanuts and Tree Nuts.



Coconut
Ice Cream
0.5 Litre

Nutrition Facts	
3 servings per container	
Serving size 2/3 Cup (85g)	
Amount per serving	
Calories	180
% Daily Value*	
Total Fat 10g	12%
Saturated Fat 6g	26%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 55mg	2%
Total Carbohydrate 20g	7%
Dietary Fibre 0g	0%
Total Sugars 17g	
Includes 11g Added Sugars	21%
Protein 3g	
Vitamin D 1mcg	6%
Calcium 110mg	8%
Iron 0mg	0%
Potassium 150mg	4%

INGREDIENTS:
Water, Sugar, Vegetable Fat, Skim Milk, Glucose Syrup Solids, Stabilizer (Mono & Diglycerides, Guar Gum, Polysorbate 80, Carrageenan, Standardized with Sugar.), Coconut Flavour

CONTAINS:
Milk

ALLERGEN INFORMATION:
Made in a facility that also produces products that may contain Wheat, Soy, Peanuts and Tree Nuts. May contain pieces of Fruit Pits, Seeds and Stems.



Cookies & Cream
Ice Cream
0.5 Litre

Nutrition Facts	
3 servings per container	
Serving size 2/3 Cup (85g)	
Amount per serving	
Calories	190
% Daily Value*	
Total Fat 10g	13%
Saturated Fat 6g	29%
Trans Fat 0g	
Cholesterol 2mg	0%
Sodium 55mg	4%
Total Carbohydrate 23g	8%
Dietary Fibre 0g	0%
Total Sugars 18g	
Includes 12g Added Sugars	24%
Protein 3g	
Vitamin D 1mcg	4%
Calcium 105mg	8%
Iron 0.2mg	1%
Potassium 164mg	4%

INGREDIENTS:
Water, Sugar, Vegetable Fat, Skim Milk, Cookie Pieces (Sugar, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Palm and Palm Kernel Oil, Cocoa processed with Alkali, Corn Flour, Salt, Sodium Bicarbonate, Dextrose, Soy Lecithin, Natural Flavours.), Glucose Solids, Vanilla Flavour, Stabilizer (Mono & Diglycerides, Guar Gum, Polysorbate 80, Carrageenan, Standardized with Sugar.)

CONTAINS:
Milk, Wheat, Soy

ALLERGEN INFORMATION:
Made in a facility that also produces products that may contain Wheat, Soy, Peanuts and Tree Nuts.



Golden Vanilla
Ice Cream
0.5 Litre

Nutrition Facts	
3 servings per container	
Serving size 2/3 Cup (85g)	
Amount per serving	
Calories	180
% Daily Value*	
Total Fat 10g	12%
Saturated Fat 6g	26%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 55mg	2%
Total Carbohydrate 20g	7%
Dietary Fibre 0g	0%
Total Sugars 17g	
Includes 11g Added Sugars	21%
Protein 3g	
Vitamin D 1mcg	6%
Calcium 110mg	8%
Iron 0mg	0%
Potassium 150mg	4%

INGREDIENTS:
Water, Sugar, Vegetable Fat, Skim Milk, Glucose Solids, Stabilizer (Mono & Diglycerides, Guar Gum, Polysorbate 80, Carrageenan, Standardized with Sugar.), Vanillin, FD&C Yellow 5 (E102), FD&C Red 40 (E129).

CONTAINS:
Milk

ALLERGEN INFORMATION:
Made in a facility that also produces products that may contain Wheat, Soy, Peanuts and Tree Nuts.





Peanut
Ice Cream
0.5 Litre

Nutrition Facts	
3 servings per container	
Serving size 2/3 Cup (85g)	
Amount per serving	
Calories	187
% Daily Value*	
Total Fat 9g	12%
Saturated Fat 4.5g	22%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 70mg	3%
Total Carbohydrate 16g	7%
Dietary Fibre 1g	2%
Total Sugars 18g	
Includes 15g Added Sugars	27%
Protein 4g	
Vitamin D 0.8mcg	4%
Calcium 100mg	8%
Iron 0mg	0%
Potassium 100mg	4%

INGREDIENTS:
Water, Sugar, Skim Milk, Vegetable Fat, Peanut Butter (Peanuts, Hydrogenated Vegetable Oil (As Stabilizer), Salt, Sugar), Stabilizer (Mono & Diglycerides, Guar Gum, Polysorbate 80, Carrageenan, Standardized with Sugar), Caramel Colour (E150), Salt.

CONTAINS:
Milk, Peanut

ALLERGEN INFORMATION:
Made in a facility that also produces products that may contain Wheat, Soy, Peanuts and Tree Nuts.



Rum & Raisin
Ice Cream
0.5 Litre

Nutrition Facts	
3 servings per container	
Serving size 2/3 Cup (85g)	
Amount per serving	
Calories	180
% Daily Value*	
Total Fat 9g	11%
Saturated Fat 5g	26%
Trans Fat 0g	
Cholesterol 2mg	0%
Sodium 52mg	2%
Total Carbohydrate 23g	8%
Dietary Fibre 0g	0%
Total Sugars 19g	
Includes 10g Added Sugars	20%
Protein 3g	
Vitamin D 1mcg	4%
Calcium 100mg	8%
Iron 0.1mg	0.7%
Potassium 160mg	4%

INGREDIENTS:
Water, Sugar, Vegetable Fat, Skim Milk, Raisins Soaked in Rum, Glucose Solids, Stabilizer (Mono & Diglycerides, Guar Gum, Polysorbate 80, Carrageenan, Standardized with Sugar), Rum Raisin Flavour, Caramel Colour (E150), Vanilla Flavour, Almond Flavour.

CONTAINS:
Milk

ALLERGEN INFORMATION:
Made in a facility that also produces products that may contain Wheat, Soy, Peanuts and Tree Nuts. May contain pieces of Fruit Pits, Seeds and Stems.



Strawberry
Ice Cream
0.5 Litre

Nutrition Facts	
3 servings per container	
Serving size 2/3 Cup (85g)	
Amount per serving	
Calories	170
% Daily Value*	
Total Fat 9g	11%
Saturated Fat 5g	24%
Trans Fat 0g	
Cholesterol 1mg	0%
Sodium 49mg	2%
Total Carbohydrate 20g	7%
Dietary Fibre 0g	0%
Total Sugars 17g	
Includes 11g Added Sugars	22%
Protein 3g	
Vitamin D 1mcg	4%
Calcium 100mg	8%
Iron 0.1mg	0.56%
Potassium 140mg	4%

INGREDIENTS:
Water, Strawberries (Strawberries, Sugar, Water, Corn Starch, Citric Acid, Natural Flavours and Potassium Sorbate (As Preservative)), Sugar, Vegetable Fat, Skim Milk, Glucose Solids, Stabilizer (Mono & Diglycerides, Guar Gum, Polysorbate 80, Carrageenan, Standardized with Sugar), Strawberry Flavour, Citric Acid (E330), FD&C Yellow 5 (E102), Amaranth Red (E123).

CONTAINS:
Milk

ALLERGEN INFORMATION:
Made in a facility that also produces products that may contain Wheat, Soy, Peanuts and Tree Nuts. May contain pieces of Fruit Pits, Seeds and Stems.



RIPPLES



**Chocolate
Caramel Ripple**
Ice Cream
0.5 Litre

Nutrition Facts

3 servings per container	
Serving size 2/3 Cup (85g)	
Amount per serving	
Calories	180
% Daily Value*	
Total Fat 9g	12%
Saturated Fat 5g	27%
Trans Fat 0g	
Cholesterol 5mg	1%
Sodium 60mg	3%
Total Carbohydrate 23g	8%
Dietary Fibre 1g	3%
Total Sugars 21g	
Includes 16g Added Sugars	32%
Protein 4g	
Vitamin D 0.8mcg	4%
Calcium 110mg	8%
Iron 0.3mg	6%
Potassium 230mg	4%

INGREDIENTS:
Water, Sugar, Caramel
Variégate (Sweetened
Condensed Whole Milk (Milk,
Sugar), Sugar, Corn Syrup,
Water, Coconut Oil, Pectin,
Salt, Potassium Sorbate,
Sodium Bicarbonate, Vanilla
Extract.), Vegetable Fat, Skim
Milk, Cocoa Powder (Cocoa
Powder (Alk.alised)), Stabilizer
(Mono & Diglycerides, Guar
Gum, Polysorbate 80,
Carrageenan, Standardized
with Sugar.), Caramel Colour
(E150), Vanilla Flavour.

CONTAINS:
Milk.

**ALLERGEN
INFORMATION:**
Made in a facility that also
produces products that may
contain Wheat, Soy, Peanuts
and Tree Nuts.



**Coconut
Chocolate Ripple**
Ice Cream
0.5 Litre

Nutrition Facts

3 servings per container	
Serving size 2/3 Cup (85g)	
Amount per serving	
Calories	190
% Daily Value*	
Total Fat 9g	12%
Saturated Fat 6g	28%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 55mg	2%
Total Carbohydrate 24g	9%
Dietary Fibre 0g	0%
Total Sugars 18g	
Includes 15g Added Sugars	26%
Protein 3g	
Vitamin D 0.8mcg	4%
Calcium 110mg	8%
Iron 0.3mg	1.7%
Potassium 160mg	4%

INGREDIENTS:
Water, Chocolate Variégate
(Corn Syrup, Water, Sugar,
Cocoa Processed with Alkali,
Coconut Oil, Chocolate Liqueur,
Nonfat Dry Milk, Natural
Flavour, Salt, Corn Starch.),
Sugar, Vegetable Fat, Skim
Milk, Glucose Syrup Solids,
Stabilizer (Mono & Diglycerides,
Guar Gum, Polysorbate 80,
Carrageenan, Standardized
with Sugar.), Coconut Flavour.

CONTAINS:
Milk.

**ALLERGEN
INFORMATION:**
Made in a facility that also
produces products that may
contain Wheat, Soy, Peanuts
and Tree Nuts.



**Strawberry
Cheesecake Ripple**
Ice Cream
0.5 Litre

Nutrition Facts

3 servings per container	
Serving size 2/3 Cup (85g)	
Amount per serving	
Calories	180
% Daily Value*	
Total Fat 9g	11%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 50mg	2%
Total Carbohydrate 22g	8%
Dietary Fibre 0g	0%
Total Sugars 19g	
Includes 15g Added Sugars	27%
Protein 3g	
Vitamin D 0.8mcg	4%
Calcium 100mg	8%
Iron 0mg	0%
Potassium 2140mg	2%

INGREDIENTS:
Water, Strawberry Variégate
(Sugar, Strawberries, Water,
Corn Syrup, Natural Flavor,
Pectin, Citric Acid, Malic Acid,
Locust Bean Gum, Sodium
Benzoate (preservative), FD&C
Red 40, FD&C Blue 1.), Sugar,
Vegetable Fat, Skim Milk,
Glucose Syrup Solids,
Cheesecake Flavour, Stabilizer
(Mono & Diglycerides, Guar
Gum, Polysorbate 80,
Carrageenan, Standardized
with Sugar.)

CONTAINS:
Milk.

**ALLERGEN
INFORMATION:**
Made in a facility that also
produces products that may
contain Wheat, Soy, Peanuts
and Tree Nuts.



**Vanilla
Chocolate Ripple**
Ice Cream
0.5 Litre

Nutrition Facts

3 servings per container	
Serving size 2/3 Cup (85g)	
Amount per serving	
Calories	187
% Daily Value*	
Total Fat 9g	12%
Saturated Fat 5g	27%
Trans Fat 0g	
Cholesterol 1mg	0%
Sodium 55mg	2%
Total Carbohydrate 24g	9%
Dietary Fibre 0g	0%
Total Sugars 18g	
Includes 15g Added Sugars	26%
Protein 3g	
Vitamin D 1mcg	4%
Calcium 105mg	8%
Iron 0.3mg	1.7%
Potassium 162mg	4%

INGREDIENTS:
Water, Chocolate Variégate
(Corn Syrup, Water, Sugar,
Cocoa Processed with Alkali,
Coconut Oil, Chocolate Liqueur,
Nonfat Dry Milk, Natural Flavor,
Salt, Corn Starch.), Sugar,
Vegetable Fat, Skim Milk,
Stabilizer (Mono & Diglycerides,
Guar Gum, Polysorbate 80,
Carrageenan, Standardized
with Sugar).

CONTAINS:
Milk.

**ALLERGEN
INFORMATION:**
Made in a facility that also
produces products that may
contain Wheat, Soy, Peanuts
and Tree Nuts.



Made by Guiltless Gourmet Ltd.
Lot #10 Diamond Vale Industrial Estate,
Diego Martin, Trinidad & Tobago

TEL: 1(868)-294-8433
EMAIL: info@guiltlessco.com



Sundays[®]

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